

GAMES AND DRILLS TO SPICE UP YOUR ARCHERY UNIT

Are you looking to extend your archery unit and incorporate new ideas that students will love? Try out these ideas, submitted by NJ NASP teachers:

Tic-Tac-Toe: On a sheet of white paper that will cover the target face, draw a large tic-tac-toe board. Pin the sheet to the target and pair archers up with different color arrow vanes. Archers shoot one arrow at a time---first to three in a row, wins!

Balloons: Tack balloons filled with candy or baby powder (for outdoor ranges) to your targets.

Pool noodles: Cut foam pool noodles crosswise into rings that are approximately one inch thick and arrange a handful on the target. You can get creative by arranging rings into letters or patterns. Archers attempt to shoot their arrows into the noodle ring centers. This can also be done with gummy life savers when archers have really excelled and narrowed their aim!

Gladiator: Starting with the outer 1 ring, each archer gets one shot to place an arrow within the 1 ring or any ring of higher value. If an archer is successful, they continue on to the next round. If they aren't, they are eliminated from the game. In the second round, archers have one arrow to shoot within the 2 ring or any ring of higher value. The game continues with single elimination rounds until archers are shooting for the 10 ring and finally the X ring. Last archer on the line, wins!

"W" Drill: Start out with two quivers, one at 10 meters and one at 15 meters. Set up a 5 spot target. The entire line shoots one arrow at 10m then backs up to shoot one arrow at 15m. The process continues until all five arrows and all five dots are hit.

Team Drills: Once the archery team (16-24 students, at least 5 of which must be of the opposite gender) is picked and has been practicing, have a survivor-style vote to elect one Captain and two Co-Captains. Divide the team into 3 squads of 8 (you can use two sets of LT bars and a set of Captain bars for the kids team shirts). Then have several mini competitions throughout the week between the teams---this is a great way to spark and keep it competitive!